

Sermon Outline

WHEN I FEEL ASHAMED | Michael Morrow

Psalm 38

A psalm of David. A petition.

- ¹ LORD, do not rebuke me in your anger
or discipline me in your wrath.
- ² Your arrows have pierced me,
and your hand has come down on me.
- ³ Because of your wrath there is no health in my body;
there is no soundness in my bones because of my sin.
- ⁴ My guilt has overwhelmed me
like a burden too heavy to bear.
- ⁵ My wounds fester and are loathsome
because of my sinful folly.
- ⁶ I am bowed down and brought very low;
all day long I go about mourning.
- ⁷ My back is filled with searing pain;
there is no health in my body.
- ⁸ I am feeble and utterly crushed;
I groan in anguish of heart.
- ⁹ All my longings lie open before you, Lord;
my sighing is not hidden from you.
- ¹⁰ My heart pounds, my strength fails me;
even the light has gone from my eyes.
- ¹¹ My friends and companions avoid me because of my wounds;
my neighbours stay far away.
- ¹² Those who want to kill me set their traps,
those who would harm me talk of my ruin;
all day long they scheme and lie.
- ¹³ I am like the deaf, who cannot hear,
like the mute, who cannot speak;
- ¹⁴ I have become like one who does not hear,
whose mouth can offer no reply.
- ¹⁵ LORD, I wait for you;
you will answer, Lord my God.
- ¹⁶ For I said, "Do not let them gloat
or exalt themselves over me when my feet slip."

¹⁷ For I am about to fall,
and my pain is ever with me.

¹⁸ I confess my iniquity;
I am troubled by my sin.

¹⁹ Many have become my enemies without cause;
those who hate me without reason are numerous.

²⁰ Those who repay my good with evil
lodge accusations against me,
though I seek only to do what is good.

²¹ LORD, do not forsake me;
do not be far from me, my God.

²² Come quickly to help me,
my Lord and my Saviour.