


Hebrews 10:1-18

v1 – ‘the law’		God’s regulations for how his people in the Old Testament should live
v1 – shadow	(noun)	the dark shape on a surface made by something that stands between a light and that surface
		
v1 – realities	(noun)	the real things
v1 – sacrifices	(noun)	animals that were killed and offered to God as an act of worship
v1 – cleansed	(verb)	made clean (from sin); made acceptable to God
v2 – guilty	(adjective)	feeling bad because you have done something wrong
v2 – sins	(noun)	rejection of God; rebellion against God
v7 – scroll	(noun)	a rolled piece of parchment that has writing on it. In this passage it is a parchment containing God’s words from the Old Testament.



v8 – ‘in accordance with’		done in the way a rule or system says it should be done
v8 – the law	(noun)	God’s instructions for how his people in the Old Testament (i.e. Israel) should live
v9 – establish	(verb)	create; set up
v10 – holy	(adjective)	set apart for God’s purpose; perfect
v11 – priest	(noun)	someone who offered sacrifices and prayers for people at the temple
v13 – footstool	(noun)	a low chair that you use to put your feet on
v15 – testifies	(verb)	gives a truthful statement about what they have seen or know of a situation
v16 – covenant	(noun)	a formal agreement between two parties outlining their responsibilities to each other
v18 – forgiven	(verb)	no longer having someone be angry with or want to punish you for the wrong you have done

Hebrews 10:1-18 (New International Reader's Version)

¹ The law is only a shadow of the good things that are coming. It is not the real things themselves. The same sacrifices have to be offered over and over again. They must be offered year after year. That's why the law can never make perfect those who come near to worship. ² If the law could, wouldn't the sacrifices have stopped being offered? The worshipers would have been made "clean" once and for all time. They would not have felt guilty for their sins anymore. ³ But those offerings remind people of their sins every year. ⁴ It isn't possible for the blood of bulls and goats to take away sins.

⁵ So when Christ came into the world, he said,

"You didn't want sacrifices and offerings.
Instead, you prepared a body for me.

⁶ You weren't pleased
with burnt offerings and sin offerings.

⁷ Then I said, 'Here I am. It is written about me in the book.
I have come to do what you want, my God.' "

⁸ First Christ said, "You didn't want sacrifices and offerings. You didn't want burnt offerings and sin offerings. You weren't pleased with them." He said this even though they were offered in keeping with the law. ⁹ Then he said, "Here I am. I have come to do what you want." He did away with the shadow of the good things that were coming. He did it to put in place the good things themselves. ¹⁰ We have been made holy by what God wanted. We have been made holy because Jesus Christ offered his body once and for all time.

¹¹ Day after day every priest stands and does his special duties. He offers the same sacrifices again and again. But they can never take away sins. ¹² Jesus our priest offered one sacrifice for sins for all time. Then he sat down at the right hand of God. ¹³ And since that time, he waits for his enemies to be put under his control. ¹⁴ By that one sacrifice he has made perfect forever those who are being made holy.

¹⁵ The Holy Spirit also speaks to us about this. First he says,

¹⁶ "This is the covenant I will make with them
after that time, says the Lord.

I will put my laws in their hearts.
I will write my laws on their minds."

¹⁷ Then he adds,

"I will not remember their sins anymore.
I will not remember the evil things they have done."

¹⁸ Where these sins have been forgiven, an offering for sin is no longer necessary.