

Psalm 34:1-14

v1 – extol	(verb)	praise enthusiastically
v1 – glory	(verb)	enjoy very much
v2 – the afflicted	(noun)	people who have been affected badly by pain, illness or disaster
v2 – rejoice	(verb)	express great happiness
v3 – exalt	(verb)	praise highly
v3 – sought	(verb)	looked for
v4 – delivered	(verb)	rescued; saved from danger
v5 – radiant	(adjective)	shining brightly
v7 – encamps	(verb)	sets up a camp (a collection of tents or buildings for soldiers to live in)
v8 – ‘takes refuge in’		hides in
v9 – holy	(adjective)	set apart for God’s purpose
v15 – the righteous	(noun)	people who is right before God
v15 – attentive	(adjective)	paying close attention
v16 – blot out	(verb)	destroy; erase
v21 – slay	(verb)	kill in a violent way
v21 – foes	(noun)	enemies
v21 – condemned	(verb)	declared to be in the wrong

Psalm 34 (New International Reader’s Version)

A psalm of David when he was with Abimelek and pretended to be out of his mind. Abimelek drove him away, and David left.

- | | |
|--|---|
| <p>¹ I will thank the LORD at all times.
My lips will always praise him.</p> <p>² I will find my glory in knowing the LORD.
Let those who are hurting hear me and be joyful.</p> <p>³ Join me in giving glory to the LORD.
Let us honor him together.</p> <p>⁴ I looked to the LORD, and he answered me.
He saved me from everything I was afraid of.</p> <p>⁵ Those who look to him have joyful faces.
They are never covered with shame.</p> <p>⁶ This poor man called out, and the LORD heard him.
He saved him out of all his troubles.</p> <p>⁷ The angel of the LORD stands guard
around those who have respect for him.
And he saves them.</p> | <p>⁸ Taste and see that the LORD is good.
Blessed is the person who goes to him for safety.</p> <p>⁹ You holy people of God, have respect for the LORD.
Those who respect him have everything they need.</p> <p>¹⁰ The lions may grow weak and hungry.
But those who look to the LORD have every good thing they
need.</p> <p>¹¹ My children, come. Listen to me.
I will teach you to have respect for the LORD.</p> <p>¹² Do you love life
and want to see many good days?
¹³ Then keep your tongues from speaking evil.
Keep your lips from telling lies.</p> <p>¹⁴ Turn away from evil, and do good.
Look for peace, and go after it.</p> |
|--|---|

Romans 12:1-2

v1 – urge	(verb)	try hard to persuade someone to do something; strongly advise
v1 – ‘in view of’	(phrase)	because of; as a result of
v1 – mercy	(noun)	the act of not giving someone the punishment they deserve
v1 – sacrifices	(noun)	animals and plants that are burned as an act of worship to God
v1 – holy	(adjective)	set apart for God’s purpose
v1 – worship	(noun)	the act of giving God the honour, respect, love and praise that he deserves
v2 – conform	(verb)	follow existing expectations
v2 – pattern	(noun)	the regular way in which something is done
v2 – transformed	(verb)	changed; made new
v2 – renewing	(gerund)	the act of starting something again
v2 – approve	(verb)	formally agree and accept
v2 – will	(noun)	plan for what will happen; intention for what will happen

Romans 12:1-2 (New International Reader’s Version)

Brothers and sisters, God has shown you his mercy. So I am asking you to offer up your bodies to him while you are still alive. Your bodies are a holy sacrifice that is pleasing to God. When you offer your bodies to God, you are worshiping him in the right way.² Don’t live the way this world lives. Let your way of thinking be completely changed. Then you will be able to test what God wants for you. And you will agree that what he wants is right. His plan is good and pleasing and perfect.