Psalm 145:1:21

v1 – exalt	(verb)	praise highly; speak very well of someone/something
v1 – praise	(verb)	express respect, honour and thanks to God
v2 – extol	(verb)	praise enthusiastically
v3 – worthy of	(adjective)	deserving of
v3 – fathom	(verb)	understand
v4 – generation	(noun)	a group of people of the same age living at the same time
v4 – commends	(verb)	praises formally; speak to others about the good qualities of something
v4 – mighty	(adjective)	strong; powerful
v5 – glorious	(adjective)	very beautiful and impressive
v5 – splendour	(noun)	the impressive appearance of something
v5 – majesty	(noun)	the quality of being beautiful, impressive, dignified
v5 – meditate	(verb)	think slowly, deeply and carefully about something
v6 – awesome	(adjective)	impressive and often frightening
v7 – abundant	(adjective)	present in large quantities
v7 – righteousness	s (noun)	the quality of doing what is right and just
v8 – gracious	(adjective)	kind to those who do not deserve it
v8 – compassionate (adjective)		feels or shows understanding and sadness for someone else's suffering
v13 – dominion	(noun)	control or authority; the area controlled by a ruler
v13 – endures	(verb)	continues to exist without loss in quality or importance
v14 – upholds	(verb)	helps something to continue on; supports
v16 – satisfy	(verb)	give someone enough of what they need
v17 – faithful	(adjective)	reliable; trustworthy
v19 – fulfils	(verb)	does what was promised
v20 – the wicked	(noun)	people who are against God or disobedient towards God
v21 – creature	(noun)	something that was made by God
v21 – holy	(adjective)	set apart; perfect

Hebrews 4:1-16

v1 – stands	(verb)	continues to exist without being changed
v2 – proclaimed	(verb)	made known formally in public
v2 – faith	(noun)	belief; trust
v3 – declared	(verb)	said in a firm and deliberate way
v3 – oath	(noun)	a formal promise
v5 – passage	(noun)	a section of writing
v6 – formerly	(adverb)	previously
v7 – quoted	(verb)	repeated from what someone else has said or written
v7 – 'harden your hearts'		be stubborn and unwilling to change
v9 – Sabbath	(proper noun)	the Jewish day of rest, which was on the first day of the week
v11 – perish	(verb)	die; destroyed
v12 – sword	(noun)	

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v12 – penetrates	(verb)	gets through a physical object or barrier
v12 – soul	(noun)	the non-physical part of a person
v12 – spirit	(noun)	the non-physical part of a person
v12 – joints	(noun)	parts of the body where two bones meet and are able to move together
v12 – marrow	(noun)	the substance on the inside of bones
v12 – attitudes	(noun)	the ways you think or feel about something, particularly when they are shown in your actions
v13 – 'all creation'		everything that exists; everything that has been made by God
v13 – laid bare	(verb)	exposed; uncovered; made visible to everyone
v13 – account	(noun)	an explanation of actions taken