

Psalm 32

v1 - blessed	(adjective)	enjoying the favour of God
v1 - transgressions	(noun)	disobedience against God's law; sin
v1 - forgiven	(adjective)	no longer having God be angry at you for what you have done wrong
v1 - sins	(noun)	rebellion against God
v2 - deceit	(noun)	behaviour that deliberately makes people believe what is not true
v3 - wasted away	(phrasal verb)	became very weak
v3 - groaning	(gerund)	making long, low noises to express pain or sadness
v4 - sapped	(verb)	weakened and eventually destroyed
v5 - iniquity	(noun)	wickedness; sin
v5 - confess	(verb)	admit that you have done something wrong
v8 - counsel	(verb)	advise about what to do
v9 – mule	(noun)	an animal whose parents are a horse and a donkey, and which is bred to carry heavy loads



v9 - bit	(noun)	a metal mouthpiece for controlling a horse
v9 - bridle	(noun)	a set of straps put around a horse's head and mouth so that the person riding the horse can control it



v10 - woes	(noun)	troubles; great sadnesses
v10 - the wicked	(noun)	people who are against God
v11 - righteous	(noun)	people who do what God says is right ; people that God has declared to be without sin
v11 - upright	(adjective)	careful to do what God says is right

Psalm 32 (New International Reader's Version)

A *maskil* of David.

- ¹ Blessed is the person whose lawless acts are forgiven.
Their sins have been taken away.
- ² Blessed is the person whose sin the LORD never counts against them.
That person doesn't want to cheat anyone.
- ³ When I kept silent about my sin,
my body became weak
because I groaned all day long.
- ⁴ Day and night
you punished me.
I became weaker and weaker
as I do in the heat of summer.
- ⁵ Then I admitted my sin to you.
I didn't cover up the wrong I had done.
I said, "I will admit my lawless acts to the LORD."
And you forgave the guilt of my sin.
- ⁶ Let everyone who is faithful pray to you
while they can still look to you.
When troubles come like a flood,
they certainly won't reach those who are faithful.
- ⁷ You are my hiding place.
You will keep me safe from trouble.
You will surround me with songs sung by those who praise you
because you save your people.
- ⁸ I will guide you and teach you the way you should go.
I will give you good advice and watch over you with love.
- ⁹ Don't be like a horse or a mule.
They can't understand anything.
They have to be controlled by bits and bridles.
If they aren't, they won't come to you.
- ¹⁰ Sinful people have all kinds of trouble.
But the LORD's faithful love
is all around those who trust in him.
- ¹¹ Be glad because of what the LORD has done for you.
Be joyful, you who do what is right!
Sing, all you whose hearts are honest!

Romans 3:19-26

v19 – accountable	(adjective)	responsible to someone else; answerable to someone else
v20 – righteous	(adjective)	the quality of doing what God says is right
v20 – observing (the law)	(verb)	obeying (the law)
v20 – conscious	(adjective)	aware of something; realise something is happening
v20 – sin	(noun)	rebellion against God; rejection of God
v21 – righteousness	(noun)	the quality of doing what God says is right
v21 – 'the Law and the Prophets'		the Old Testament
v21 – testify	(verb)	bear witness to; affirm that something you have witnessed is true
v24 – justified	(verb)	declared to be righteous
v25 – atonement	(noun)	the act of turning away anger and repairing a broken relationship
v25 – faith	(noun)	trust, dependence on God
v25 – forbearance	(noun)	patience; self-control

Romans 3:19-26 (New International Reader's Version)

¹⁹ What the law says, it says to those who are ruled by the law. Its purpose is to shut every mouth and make the whole world accountable to God. ²⁰ So no one will be considered right with God by obeying the law. Instead, the law makes us more aware of our sin.

²¹ But now God has shown us his saving power without the help of the law. But the Law and the Prophets tell us about this. ²² We are made right with God by putting our faith in Jesus Christ. This happens to all who believe. It is no different for the Jews than for the Gentiles. ²³ Everyone has sinned. No one measures up to God's glory. ²⁴ The free gift of God's grace makes us right with him. Christ Jesus paid the price to set us free. ²⁵ God gave Christ as a sacrifice to pay for sins through the spilling of his blood. So God forgives the sins of those who have faith. God did all this to prove that he does what is right. He is a God of mercy. So he did not punish for their sins the people who lived before Jesus lived. ²⁶ God did all this to prove in our own time that he does what is right. He also makes right with himself those who believe in Jesus.

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