

Bible Talk Outline

GOD SEES, GOD KNOWS - IS THAT ENOUGH? | Luke Dahlenburg

Bible reading: Matthew 6:1-8 and Matthew 6:16-18

The Heart Behind Our Spiritual Habits (Matthew 6:1-18)

Jesus shifts focus to righteous habits and the “why” behind them.

True righteousness is both a position (given by Jesus) and a practice (lived out daily).

Jesus warns against practicing righteousness for show—faith should be rooted in God’s approval, not human applause.

Like trees, our fruit (righteousness) is visible, but our roots (motivation) must be deeply nourished by God.

True spiritual maturity is about our motivation—who we live for.

Three Examples of Spiritual Habits

a. Generosity (Matthew 6:2-4)

- i. Giving should be for God’s glory, not for public recognition.
- ii. Jesus humorously warns against seeking attention—like blowing a trumpet before giving.
- iii. The right way: Give in secret, trusting God sees and rewards.
- iv. Key question: Can you truly say, “God sees, God knows, and that is enough for me”?

b. Prayer (Matthew 6:5-8)

- i. Prayer should not be a public performance but a personal connection with God.
- ii. Jesus’ striking image: Pray in a secret place—like a pantry!

- iii. God already knows our needs—prayer is not about impressing him or others.
- iv. Key question: Would you pray the same way if no one ever saw or heard you?

c. Fasting (Matthew 6:16-18)

- i. Fasting in Jesus' time was a response to God's work (grief, repentance, spiritual need).
- ii. It wasn't for show, but some made it a spectacle to appear "holy."
- iii. The opposite of fasting is feasting—both are appropriate responses to God.
- iv. Jesus calls for inward devotion rather than outward display.
- v. Key question: Are you responding to God or performing for others?

Reflection questions

- i. How might you be generous?
- ii. How might you pray intentionally?
- iii. How might you respond to what God is doing in your life?