Walks & Hikes

National Park Service
U.S. Department of the Interior

Pictured Rocks National Lakeshore





Pictured Rocks National Lakeshore offers 100 miles of trails. Whether you have a few minutes, hours, or days during your visit to the park, one of these walks or hikes may be for you.

Walks of 1 Mile or Less

Where pets are permitted, they must be on a 6 ft. leash.

Sand Point Marsh Trail - Length: 0.5 mile loop

Across from Sand Point Beach. The boardwalk trail takes you through a beautiful wetland. Interpretive waysides tell the rich natural and cultural heritage of the area. Old beach ridges, an active beaver colony, white cedar and black spruce swamp communities dominate the scene. The best times for wildlife activity are early or late in the day.

Munising Falls - Length: 800 feet one way

Walk this paved trail up the cool, shaded sandstone canyon along Munising Creek to the central viewing platform to view the 50 foot waterfall. Two sets of stairs lead to elevated platforms offering different views of the water as it drops over a sandstone cliff. Please stay on the paved trail. Going into or behind the falls is prohibited.



Miners Castle Overlook - Length: 200 to 1300 feet one way

A short walk from the Miners Castle parking lot, Miners Castle can be viewed from 3 different viewing platforms. The two upper platforms are wheelchair accessible.



Miners Castle to Miners Beach - Length: 1 mile one way

Take the trail from Miners Castle down to Miners Beach, crossing the Miners River along the way. Enjoy the beach and then hike back up.

White Pine Interpretive Trail - Length: 0.7 mile loop

Begins at the Little Beaver Lake Campground. The trail includes a stand of 250-300 year old white pines. On a warm summer day , enjoy the cool, moist microclimate of this area. A brochure is available at the trailhead.

Superior Overlook - Length: 50 feet round trip

Offers a beautiful view of Lake Superior. Twelvemile Beach access via stairs.



Log Slide Overlook Trail - Length: 0.4 mile round trip

The trail leads through mature hardwoods to an old log landing at the former site of the Log Slide. Interpretive exhibits relate the logging and dune building history of the area. Beautiful views of Lake Superior, the Grand Sable Dunes, and Au Sable Lighthouse in the distance.

Grand Sable Dunes Trail - Length: 1.0 mile round trip

Starts at the west end of the Sable Falls parking area. The trail passes an old apple orchard and crosses a bridge over Sable Creek. It then winds uphill through jack pines into an open dune environment.

Sable Falls Trail – Length: 0.6 mile round trip

Beginning at the Sable Falls parking lot, this walk goes along Sable Creek, down 199 steps to Lake Superior. The first landing on the stairs provides a view of Sable Falls. The trail continues past the falls to a rocky beach on Lake Superior.

A Few Things to Keep in Mind While Enjoying the Park:







For your safety and the protection of the resources, follow / obey all closure signs.

Keep off Miners Castle and Chapel Rock.

Do not go beyond the railings at Munising Falls.

Put trash in trash cans or take it with you.

Bicycles are prohibited on all trails.

The use of drones is prohibited in the park.

Pets are prohibited on all trails, except where noted. Where permitted, pets must be on a 6 ft. leash.

No jumping off cliffs.

Hikes Over One Mile

Please obey all parking signs.

Miners Falls Trail - Length: 1.2 miles round trip

This easy trail takes you through the forest to view where the Miners River cascades 50 feet over a sandstone outcrop. Take another 77 steps down to a lower platform'

Chapel Basin / Mosquito Falls Area - Length: Varies, 3 to 10 miles round trip A number of different trails and hikes are available here. Consult a map before you hike in this area

Chapel Falls - Length: 3 miles round trip

Leaving from the Chapel parking lot., this easy hike runs along an old roadbed. Sixty foot high Chapel Falls is one of the most beautiful waterfalls in the park.

Chapel Rock & Chapel Beach - Length: 6.1 miles round trip

Continue on the Chapel Falls trail for another 1.8 miles (one way), and you will see <u>Chapel Rock</u> and <u>Chapel Beach</u>. Take pictures, but **keep off** Chapel Rock. Return by walking the trail along the north/west side of Chapel Lake.

Chapel Loop - Length: 9 - 10 miles loop

This loop begins at the Chapel parking lot, passes <u>Chapel Falls</u>, <u>Chapel Rock</u>, <u>Chapel Beach</u> and continues along the <u>Pictured Rocks cliffs</u> to <u>Mosquito River</u>. If you wish to view <u>Mosquito Falls</u> on your return hike, the Mosquito Falls Trail connects with this trail, adding one mile to the hike.

Mosquito Falls - Length: 2 miles round trip

Walking from the Chapel parking lot, head towards Mosquito Beach. At 0.3 miles take a side trail that leads 0.6 miles to Mosquito Falls. The Mosquito River cascades over three rock shelves, the highest being 8 ft.

Mosquito Beach - Length: Varies, 3.8 - 4.8 roundtrip

Follow the trail from the Chapel parking lot to Mosquito Beach. The beach is small, but is neighbored by rock cliffs. Return via Mosquito Falls to add 1 mile to the roundtrip total.

Beaver Basin Wilderness - Length: Varies, 3.2 miles to 5.5 miles round trip Several hikes can be made in the Beaver Lake area leaving from the trailhead parking lot. This is a beautiful area with potential for wildlife sightings near the water.

Lake Superior - Length: 3.2 miles round trip Pretty hike through the Beaver Basin Wilderness

Beaver Basin Wilderness - Length: 5.5 miles loop

Enjoy a 5.5 mile loop hike around the north side of Beaver Lake, along Beaver Creek, and back along Lake Superior.

White Birch Trail - Length: 2.0 miles

This self-guiding interpretive trail begins at the east end of Twelvemile Beach Campground and ends on the campground road, one-quarter mile east of the trailhead. The trail explores the natural history of the uplands adjacent to the lake - an environment very different from that near the campground.

Au Sable Light Station - Length: 3.0 miles round trip

Leaving from Hurricane River Campground, walk back in time to an isolated Lake Superior lighthouse. Exposed shipwreck remains dot the shoreline, and the quiet light station gives you a feeling of yesteryear where families lived and worked from 1874 to 1958. Guided tours of the lighthouse are provided in summer. Reminder: No Pets or Bicycles.

Grand Sable Forest Trail - Length: 2.0 miles round-trip

Nice walk between the Grand Sable Visitor Center and the Sable Falls parking lot. The trail offers a stroll through a maple forest and along the edge of old farm fields.

North Country Trail segments - Length: up to 42 miles (through the park) In addition to some of the trails listed above, there are many other trail segments in the park, like Miners Castle to Sand Point or Log Slide to Au Sable. Check the Backcountry Trip Planner map for locations and lengths.



Stay back from cliff edges. Many areas are composed of soft rock and are undercut.

Bicycles are prohibited on all trails.

Drone use is prohibited in the park.

Things To Know



No Pets Bicycles or Drones

Any hike is more fun if you are properly prepared:

Know the route.

Wear sturdy shoes.

Carry a snack and water.

During hunting season, wear bright clothes.

Carry out all your trash.

Let someone know where you are going & your expected time of return.

Check the weather forecast before leaving.

A permit is required for backcountry camping.

Use toilets where provided; otherwise bury waste 6-8 inches deep and cover with soil.