



Partneriaeth Natur Ceredigion  
Ceredigion Nature Partnership

WcVA  
CgGC



Ariennir gan  
**Lywodraeth Cymru**  
Funded by  
**Welsh Government**



Cyngor Sir  
**CEREDIGION**  
County Council

# ACV Herb & Veg Growing Guide



## February

**Sow Indoors** - Basil, Parsley, Coriander, Chives, Korean Mint, Leek, Onion, Dwarf Pea

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## March

**Sow Indoors** - Tree Cabbage, Red Cabbage, Tatsoi, Brussel Sprouts, Leek, Spring Onion

**Plant Out** - Dwarf Pea, Broadbean

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## April

**Sow Indoors** - Broccoli, Butternut Squash, Corn

**Plant Out** - Coriander, Chives, Tatsoi, Carrot, Parsnip, Onion

**Harvest** - Dwarf Pea, Herbs

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## May

**Plant Out** - Basil, Parsley, Korean Mint, Tree Cabbage, Red Cabbage, Brussel Sprouts, Leek, Broccoli, Spring Onion

**Harvest** - Tatsoi, Dwarf Pea, Broadbean, Herbs

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## Late May / Early June

**Plant Out** - Butternut Squash, Corn, Climbing Beans

**Harvest** - Tatsoi, Dwarf, Pea, Broadbean, Herbs

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## September

**Plant Out** - Winter Lettuce, Spring Onion, Raddish, Tatsoi

**Harvest** - Tree Cabbage, Red Cabbage, Carrot, Broccoli, Onion, Spring Onion, Corn, Climbing Beans

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## October

**Sow Indoors** - Broad Beans

**Harvest** - Parsnips, Butternut Squash, Tree Cabbage

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## November / December

**Harvest** - Winter Lettuce, Brussel Sprouts, Raddish, Tatsoi

# Basil

## Finissimo Basil



### Sow Indoor

February



### Plant Out

May (After last frost)



### Harvest

May (First Harvest 10 - 12 weeks after planting)

Pick leaves as needed



### Sow Indoor

February



### Plant Out

May



### Harvest

May (First Harvest 10 - 12 weeks after planting)

Pick leaves as needed

# Parsley

## Frise Vert Fonce





# Coriander



## Sow Indoor

February



## Plant Out

April



## Harvest

March (First Harvest 3 - 4 weeks after planting)

Pick leaves as needed



## Sow Indoor

February



## Plant Out

April



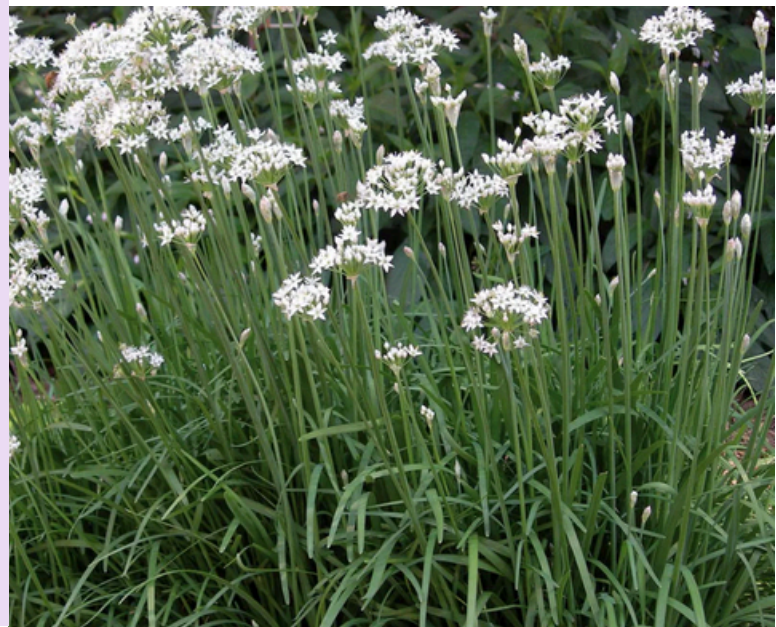
## Harvest

April (First Harvest 8 - 10 weeks after planting)

Snip just above the base

# Chives

## Chinese Chives





# Korean Mint



## Sow Indoor

February



## Plant Out

May



## Harvest

May (First Harvest 10 - 12 weeks after planting)

Pick leaves as needed



## Sow Indoor

March



## Plant Out

May (45cm apart)



## Harvest

September (First Harvest 12 - 16 weeks after planting)

Take individual leaves like kale

# Tree Cabbage

## Asturian



# Red Cabbage

## Rouge Tete Noir



### Sow Indoor

March



### Plant Out

May (45cm apart)



### Harvest

September



### Sow Indoor

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### Plant Out

September (Plant in cold frame)



### Harvest

November (First Harvest 8 - 12 weeks after planting)  
Take individual leaves

# Winter Lettuce

## Winter Marvel





# Tatsoi



## Sow Indoor

March



## Plant Out

April (15cm apart) /  
September (in cold frame)



## Harvest

May (Take individual leaves) /  
November



## Sow Indoor

March



## Plant Out

May (10cm apart)



## Harvest

November

# Brussel Sprouts Sanda



# Carrot

## Touchon



**Sow Indoor**

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**Plant Out**

April (Thin after ~3 weeks to 5cm between plants)



**Harvest**

September



**Sow Indoor**

-



**Plant Out**

April (Thin after ~3 weeks to 15cm between plants)



**Harvest**

October

# Parsnip

## Tender & True





# Leek

## Bleu de Solaise



**Sow Indoor**

March



**Plant Out**

May (15cm apart)



**Harvest**

February



**Sow Indoor**

April



**Plant Out**

May (30cm apart)



**Harvest**

September

# Broccoli

## Green Heading Calabrese



# Onion

## Red Carmen



### Sow Indoor

February



### Plant Out

April (10cm apart)



### Harvest

September



### Sow Indoor

March



### Plant Out

May (10cm apart) or  
September for winter crop



### Harvest

September

# Spring Onion

## Ishikura Long White





# Raddish

## Red Flesh



**Sow Indoor**

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**Plant Out**

September (Plant in cold frame)



**Harvest**

November / December



**Sow Indoor**

Late April (25C needed to germinate)



**Plant Out**

Late May/Early June (when no risk of frost) (150cm apart)



**Harvest**

October

# Butternut Squash

## Waltham



# Sweetcorn

## Special Swiss



### Sow Indoor

Late April (18C needed to germinate)



### Plant Out

Late May/Early June (when no risk of frost) (35cm apart)



### Harvest

September



### Sow Indoor

Late April (18C needed to germinate)



### Plant Out

Late May/Early June (when no risk of frost) (35cm apart)



### Harvest

September

# Popcorn

## Glass Gem Rainbow





# Dwarf Pea

## Oskar Early



### Sow Indoor

February



### Plant Out

March (5cm apart with some support)



### Harvest

First harvest April



### Sow Indoor

October / November



### Plant Out

Late March (30cm apart with support)



### Harvest

May

# Broadbean

## Aquadulce



# Climbing Bean

Cherokee Trail of Tears



**Sow Indoor**

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**Plant Out**

Late May (30cm apart with support)



**Harvest**

September



**Sow Indoor**

-



**Plant Out**

Late May (30cm apart with support)



**Harvest**

September

# Climbing Bean

Lazy Housewife

